



St Anne's Church , West Heath

Notice Sheet for Last Sunday before Lent and Ash Wednesday

Welcome to St Anne's Church where we strive to be a home to invite everyone into.

To use the induction loop, hearing aids need to be turned to the 'T' position.

Please ensure mobile phones are turned off or are on silent mode.

Refreshments will be served in the Church Hall after the Sunday service.

Collect For Last Sunday before Lent

Almighty Father, whose Son was revealed in majesty before he suffered death upon the cross: give us grace to perceive his glory, that we may be strengthened to suffer with him and be changed into his likeness, from glory to glory, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

Readings for Last Sunday before Lent:

Exodus 34 29-end 2 Corinthians 3 12-4 2
Luke 9 28-36

Readings for First Sunday of Lent:

Deuteronomy 26 1-11 Romans 10 8b-13
Luke 4 1-13

Thought For the week: Lessons from Jesus' Transfiguration by Ian Bradley

This morning's Gospel (Luke 9 28-36) tells us that after death our identities survive intact. The disciples had not lived alongside Moses and Elijah, but they appear not to have had any difficulty in recognizing them.

Before we label this as 'science fiction', let us remember that these verses were written by an educated Greek physician, whose truthfulness is paralleled by other (Jewish) evangelists, published at a time when at least some of the eye witnesses were still alive, and accepted as Holy Writ by two millennia of literary and theological scholarship.

That is an awful lot of learning to be wrong . . .

Prayers

Please pray for those who are not well especially for Malcolm, Bebe, Paulene, Barbara (Dean's wife), Ron, Vivienne, Brenda A, Robert S, Kat and Jayne (Elsie's friends), Eileen T, Elsie's mum and friend, Sandy and Kc (Dawn's friends), Doreen, Ian and Eric.

If you have a prayer request please speak to Janet Bradley or email her: janet22bradley@gmail.com, or complete a form and put it in the prayer request box in the entrance to the church. All requests will remain on the prayer list for a month unless you request otherwise.

In the case of a fire

If there is a fire, please leave the building by the nearest exit, and assemble in the main church car park at the rear of the church. People attending J.A.M. (Jesus and Me) will be taken to the assembly point by their leaders, so please meet them there.

Safeguarding:

If there are any safeguarding concerns in and out of the church, please speak to Parish Safeguarding Officers: Chrissie Price: chrissie.price@blueyonder.co.uk or Janet Bradley: janet22bradley@gmail.com

St Anne's email: stannewestheath@gmail.com

St Anne's website: www.stannewestheath.org

Collect For Ash Wednesday

Almighty and everlasting God, you hate nothing that you have made and forgive the sins of all those who are penitent: create and make in us new and contrite hearts that we, worthily lamenting our sins and acknowledging our wretchedness, may receive from you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. Amen.

Readings for Ash Wednesday:

Joel 2 12-2, 12-17

2 Corinthians 5 20b-6 10

Matthew 6 1-6, 16-21

Thought for Ash Wednesday: We are not walking alone

It doesn't matter that we are told of only three temptations, while the rest of Jesus' desert experience goes unchronicled. Those temptations, and how he overcame them each time with the word of God, are sufficient to show us the value of that time of 3Rs; retreat, reflection and revelation.

Yes, the Lenten walk can be an adventure with God, if we are willing to be led by the Holy Spirit, as was Jesus, into the quietness and solitude.

One small step into the stillness: one great step towards eternity.

Calendar

Sunday 2nd March	10 am	Holy Communion Service led by Revd Jayne Crooks, including J.A.M. Club.
Monday 3rd March	3 pm—4pm	Prayer Group led by Janet on What's App.
Tuesday 4th March	9:15 – 11:15 am 7 pm	Little Stars Stay and Play Group meets in the church hall. Choir practice in the church.
Wednesday 5th March Ash Wednesday	12 noon 7 pm	Service at St Nicolas, Kings Norton Service at St Bartholomew's Church, Holloway Hall B31 1TT
Thursday 6th March	9:15– 11:15 am 10:30 am 11:15 – 11:45 am 4 pm –8:30pm	Little Stars Stay and Play Group meets in the church hall. Morning Prayer Service in St Francis Chapel. The Foodbank is open in the George Goodger Hall and refreshments are available. Amy Greaves School of Dance meets in the church hall.
Friday 7th March	9 am	Church buildings being cleaned.
Saturday 8th March	11:15—11:45 am	The Foodbank is open in the George Goodger Hall and refreshments are available.
Sunday 9th March	10 am	Holy Communion Service led by Revd John Barnett, including J.A.M. Club.

Ideas for Lent spotted in the Kings Norton Parish Magazine:

Give up harsh words: use generous ones.

Give up unhappiness: take up gratitude.

Give up anger: take up gentleness and patience.

Give up pessimism: take up hope and optimism.

Give up worrying: take up trust in God.

Give up being unforgiven: learn reconciliation.

Give up words: fill yourself with silence and listen to others.

If you have any concerns please contact the church warden,
Georgina Arnold on 0121 458 1590 or 07107214604